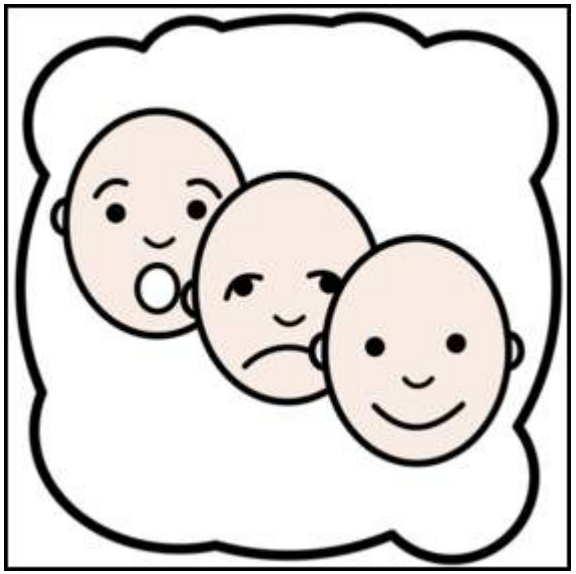
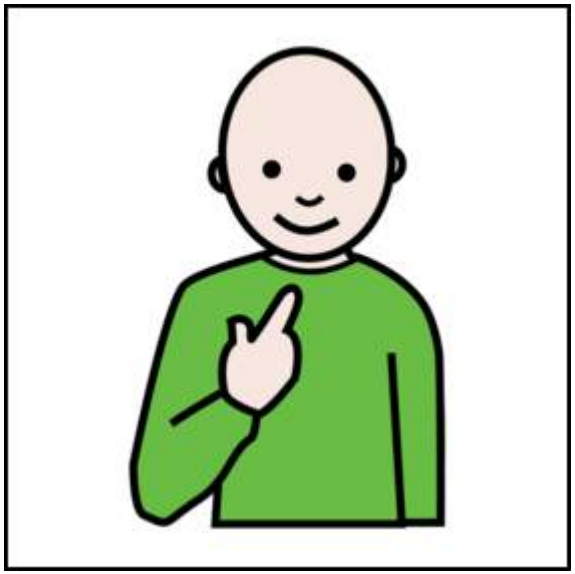
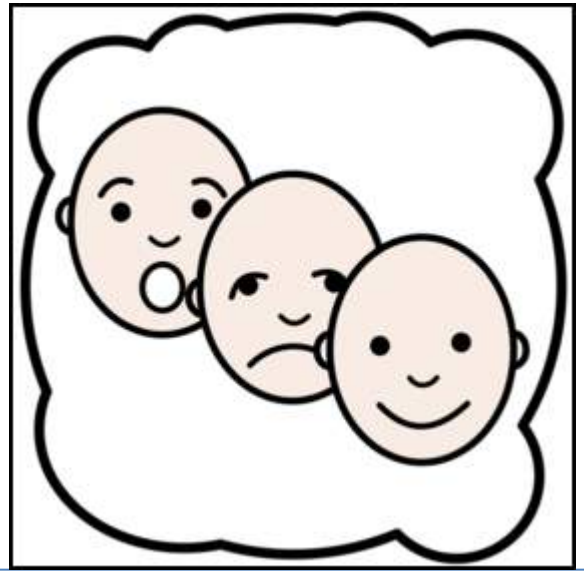
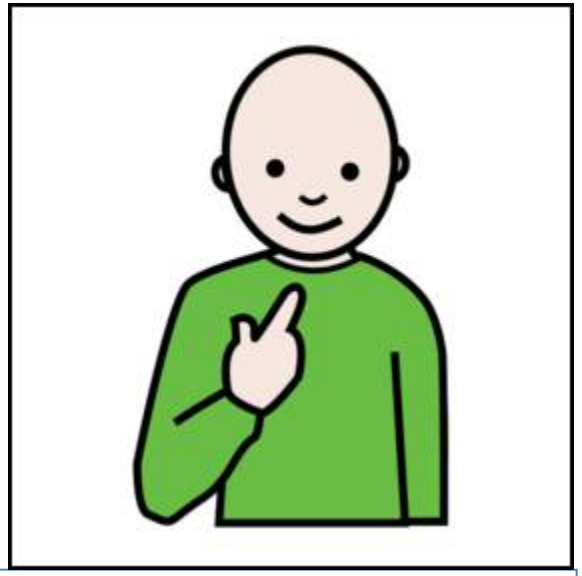




¿Cómo me siento yo?

Elaborado con pictogramas de Arasaac y Picto Selector por Amaya Áriz info.ana@autismonavarra.com





FORMAS DE TRABAJAR ESTE MATERIAL

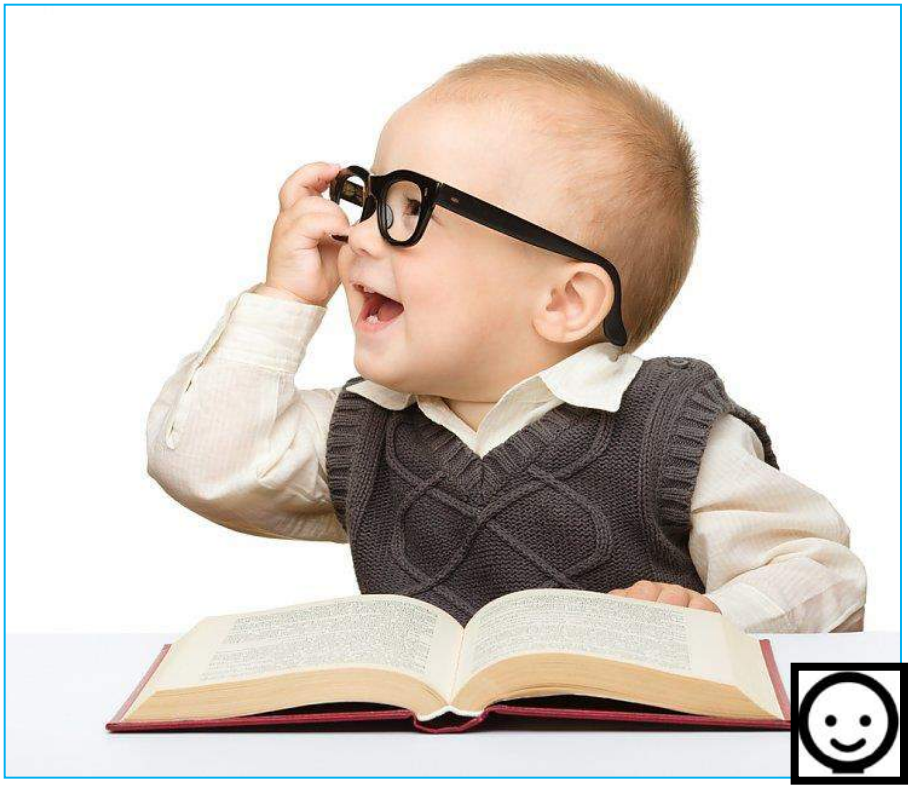
1. Imprimir, plastificar, poner espiral, colocar velcro duro en las imágenes. Imprimir segunda copia, plastificar, recortar los pictos y colocar velcro suave. Etiquetar las emociones y pegarlas cada una en su sitio con el referente visual.
2. Imprimir, plastificar , colocar velcro y entregar al niño por fichas individuales. Una vez practicada cada emoción, darle dos plantillas blancas (sin referencia visual) con velcro rugoso y solo con el picto en pequeño como referencia, de dos emociones diferentes y sin referencia visual (solo el picto pequeño) que pegue en cada plantilla la imagen que corresponda (clasificando él). Si lo hace bien, hacer lo mismo con tres plantillas (tres emociones), etc.
3. Imprimir, plastificar, recortar. Poner el picto referencia con la palabra escrita en el lateral frontal de una caja de zapatos abierta, bien visible. Etiquetar la emoción y entregar al niño una a una fomentando contacto ocular y etiquetando la emoción cada vez para que él emita y la meta en la caja. Cuando la conoce, se hace lo mismo con una segunda emoción. Después se pueden poner ambas cajas de zapatos (y después, tres, cuatro cajas a la vez) con el picto pegado bien visible y se le entregan, se etiqueta y las coloca en su lugar adecuado. Según nivel de afectación/comprensión, empezar por los más opuestos: contento-triste, hambriento-sediento, luego ir pasando enamorado-decepcionado, etc.

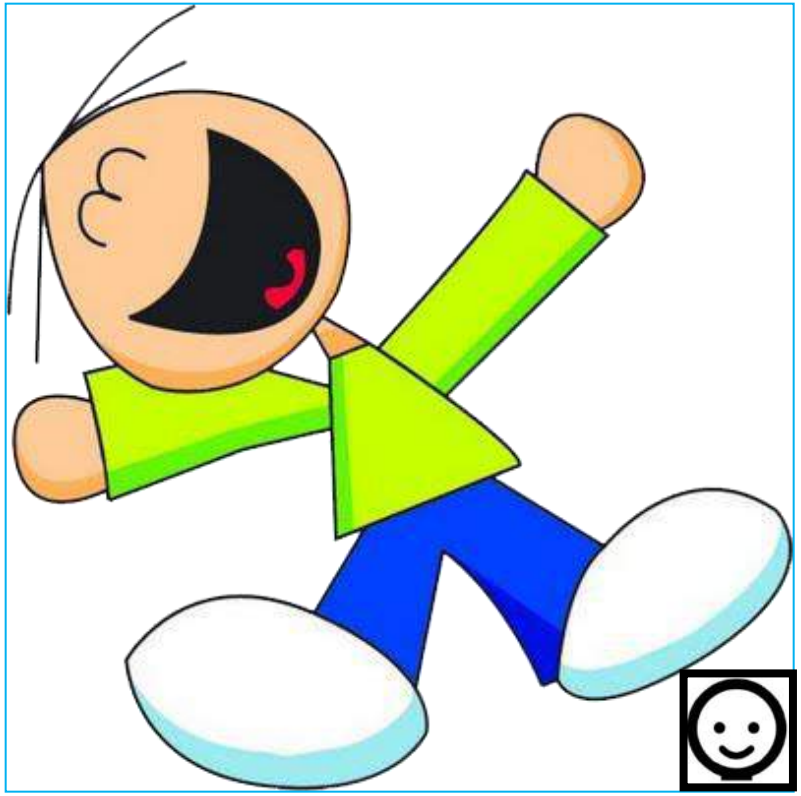
ANA ASOCIACIÓN NAVARRA DE AUTISMO

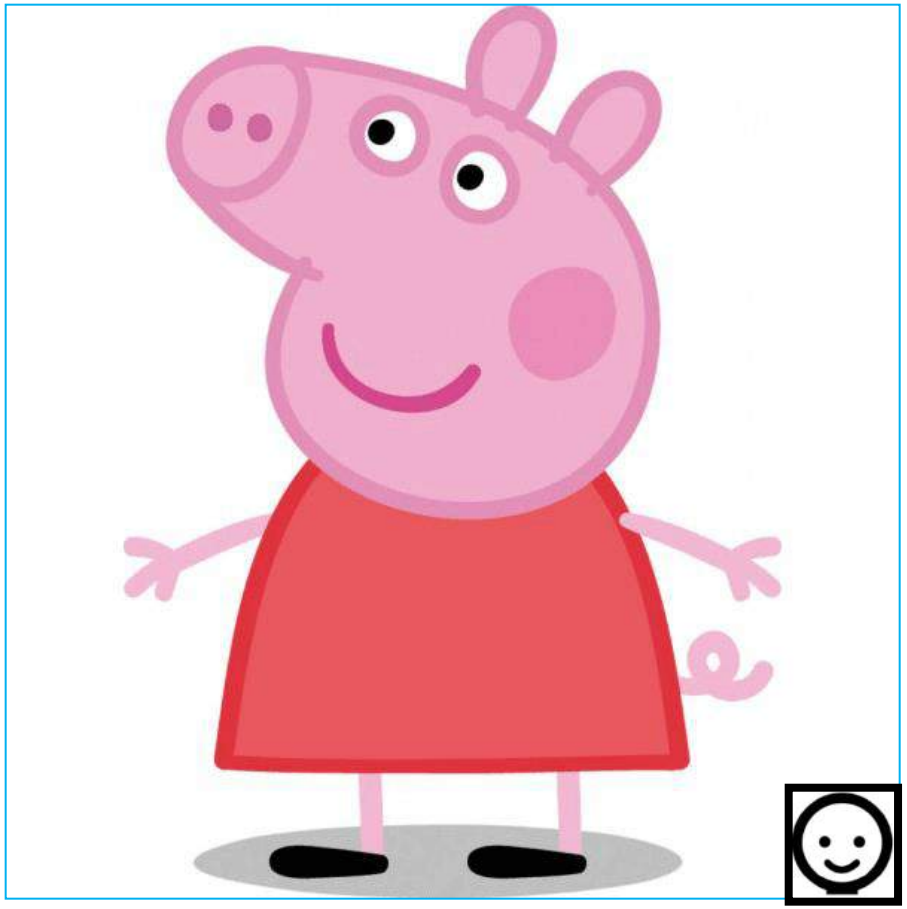
Elaborado con pictogramas de Arasaac y Picto Selector por Amaya Áriz info.ana@autismonavarra.com

contento, feliz

FELIZ







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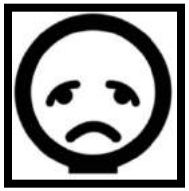

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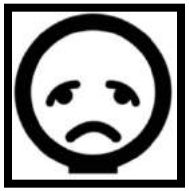

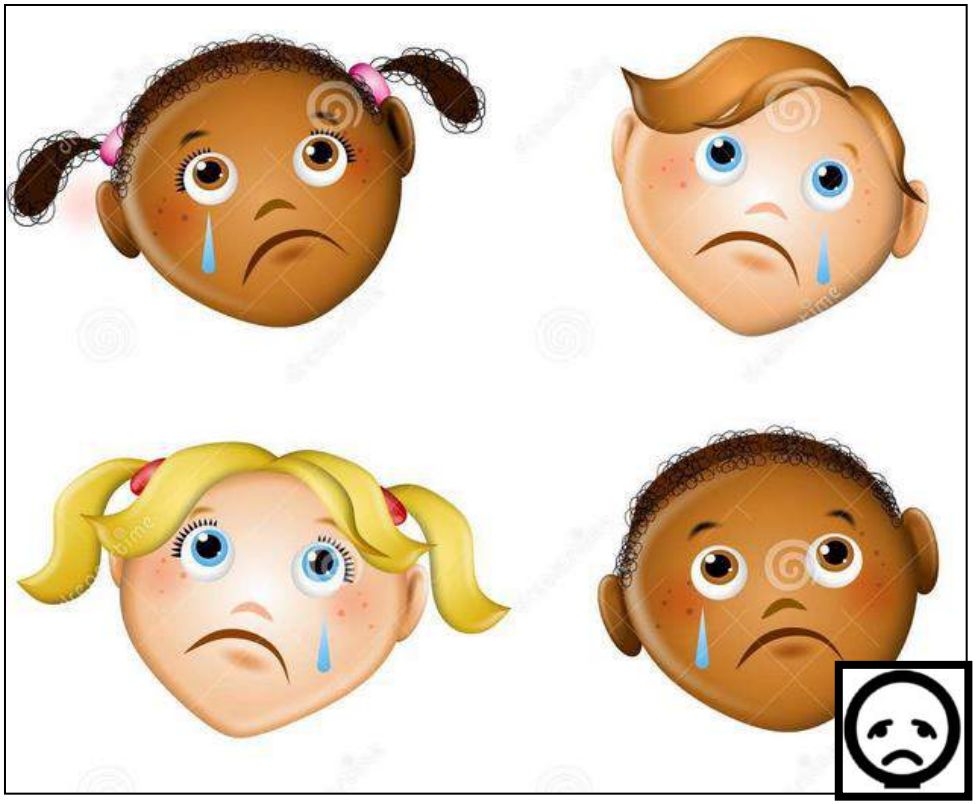

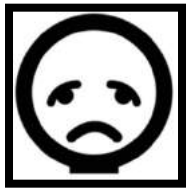

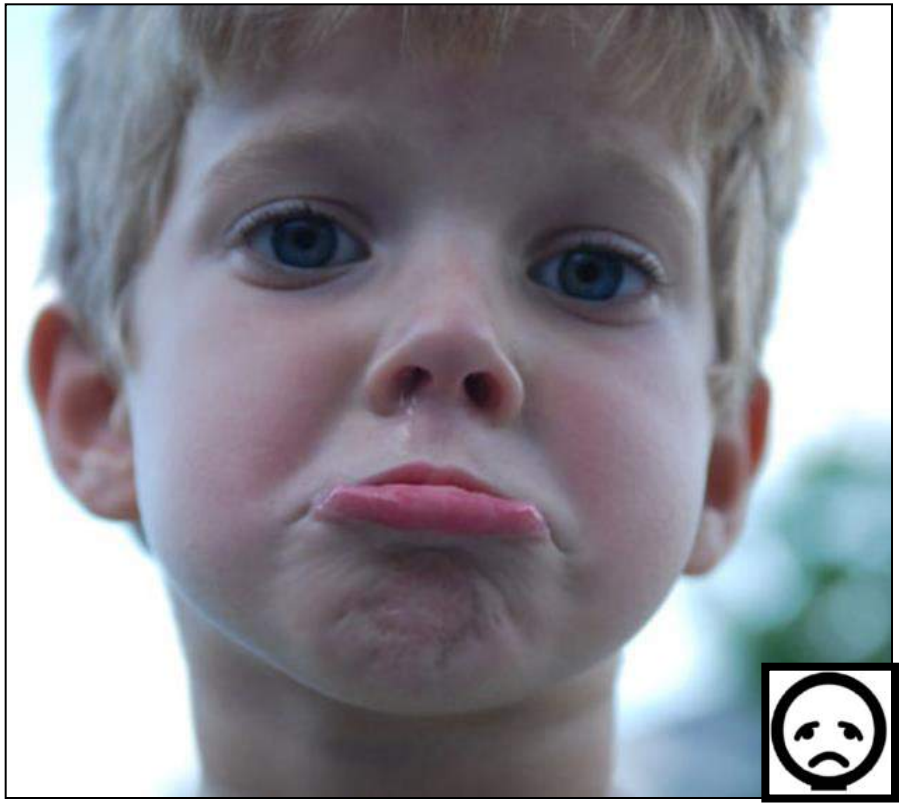

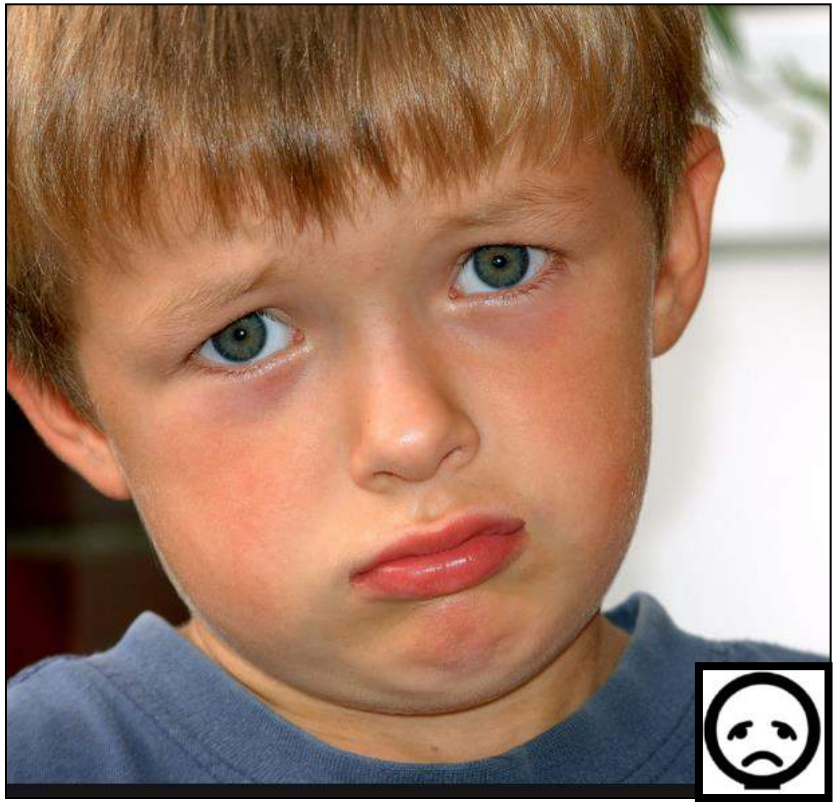

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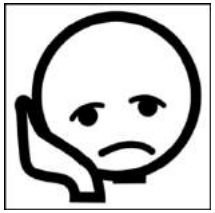

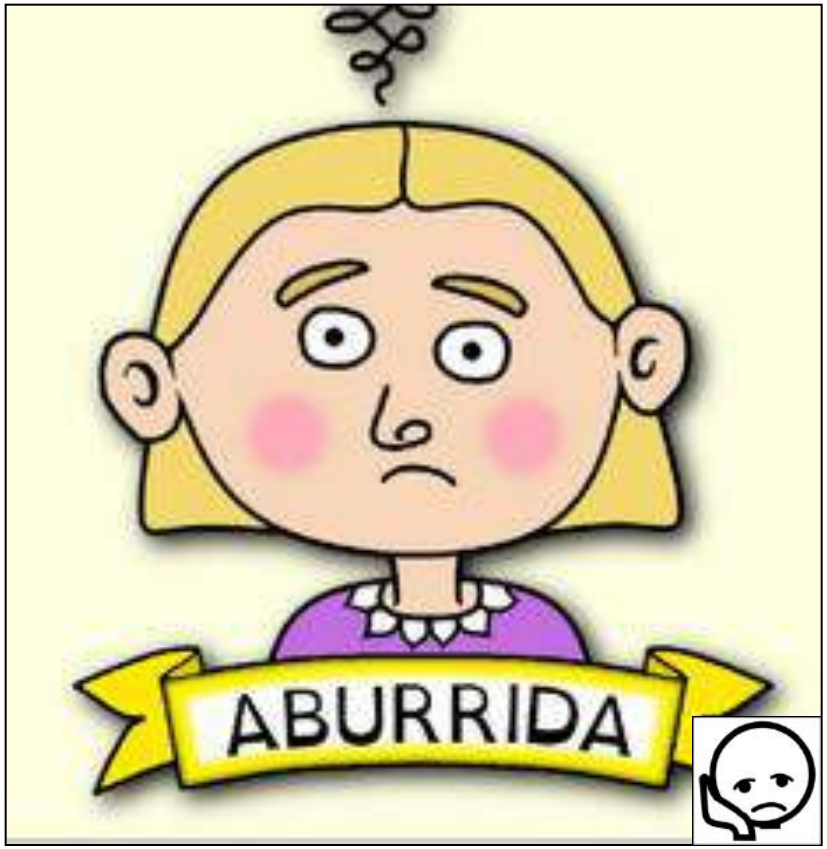
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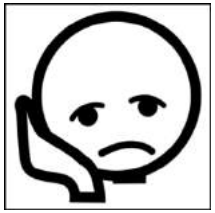

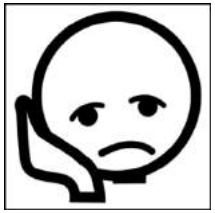

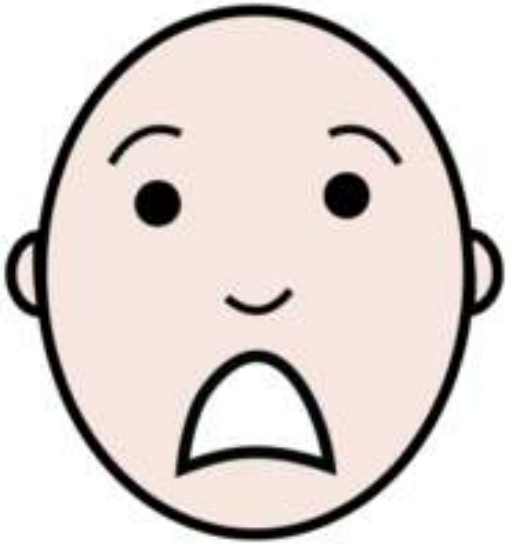

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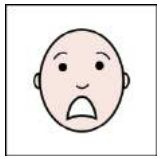

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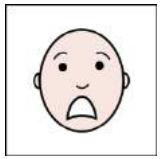

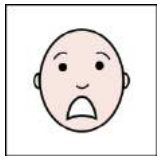

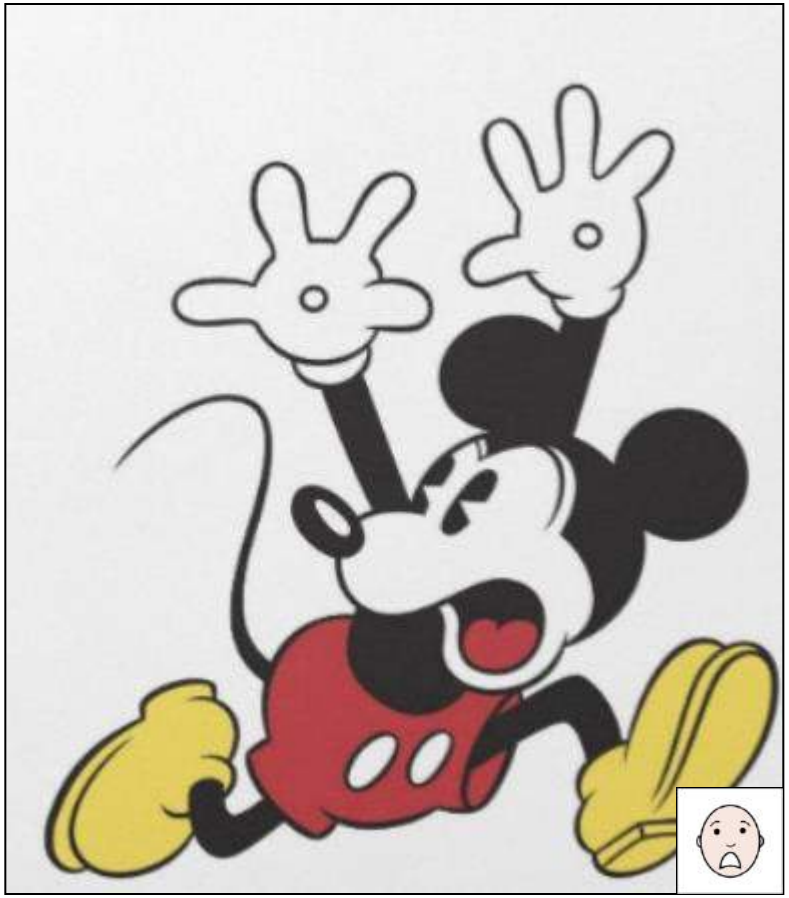

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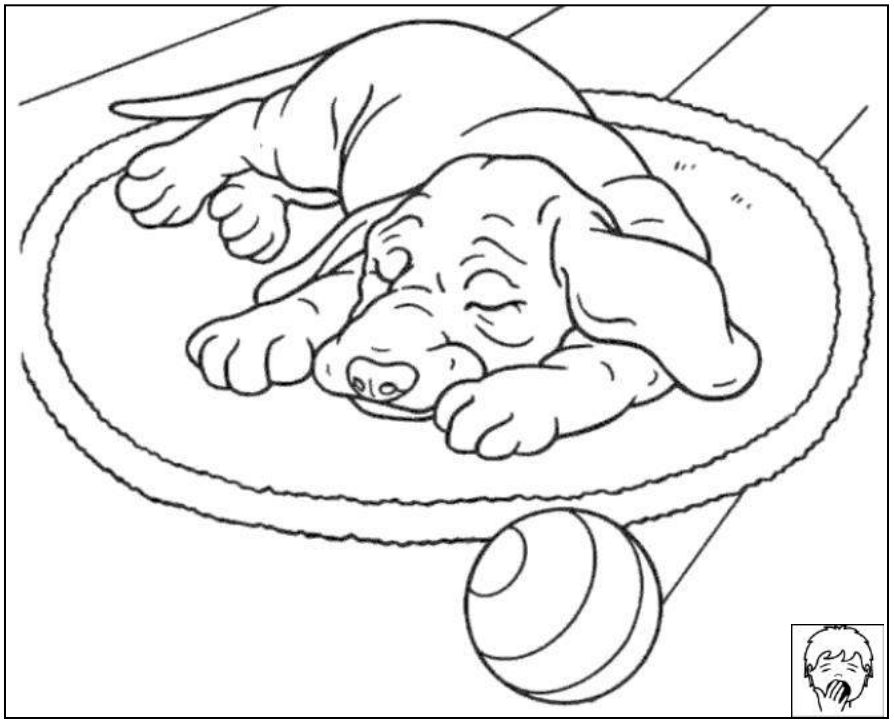
IMAGENES PARA FACEBOOK .COM.ES



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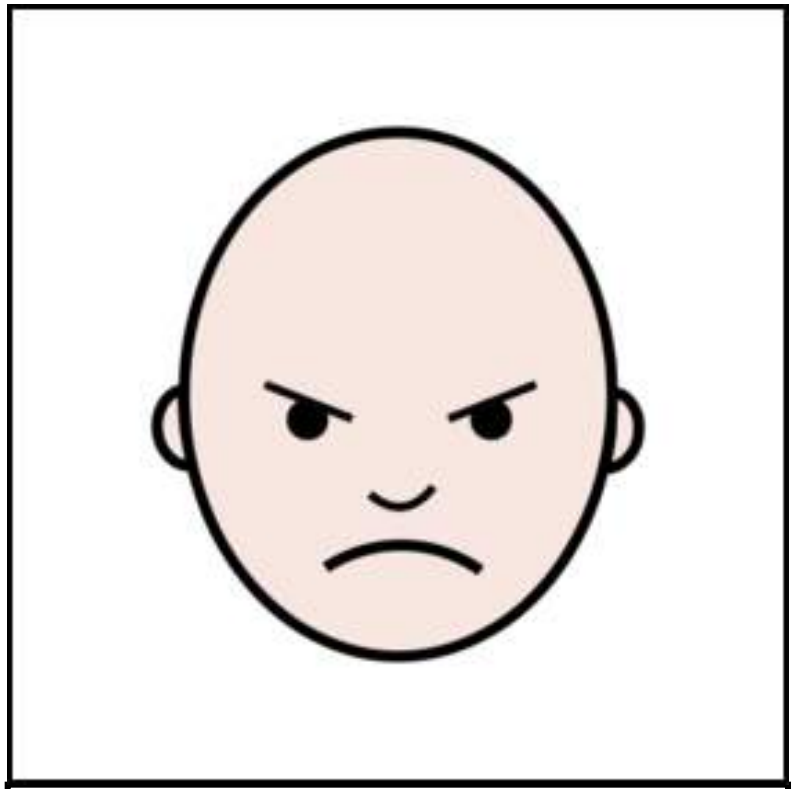

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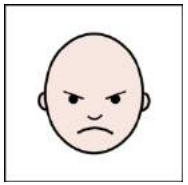

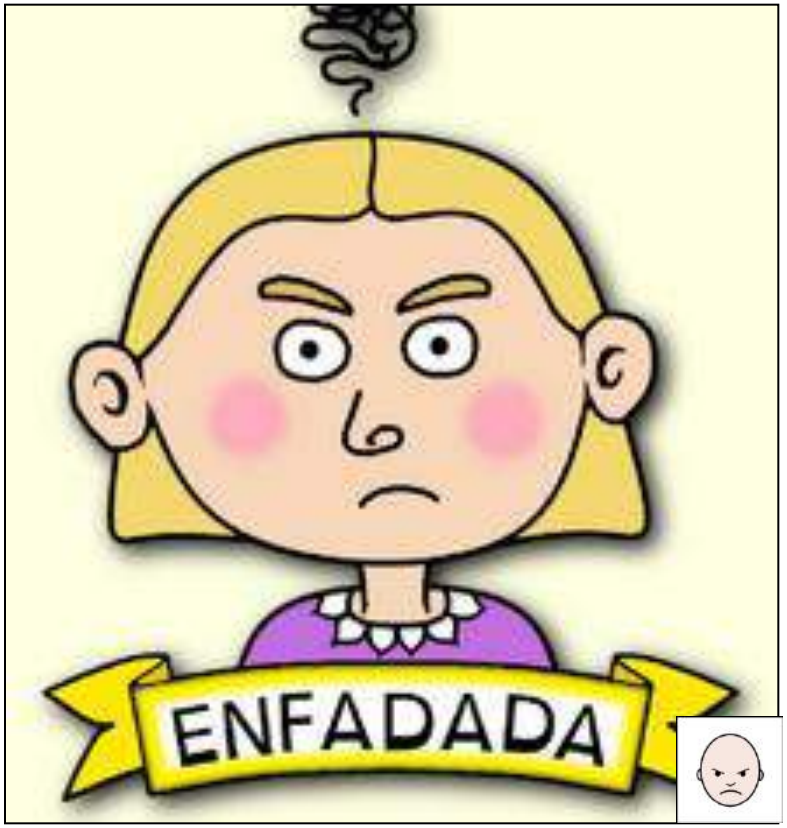
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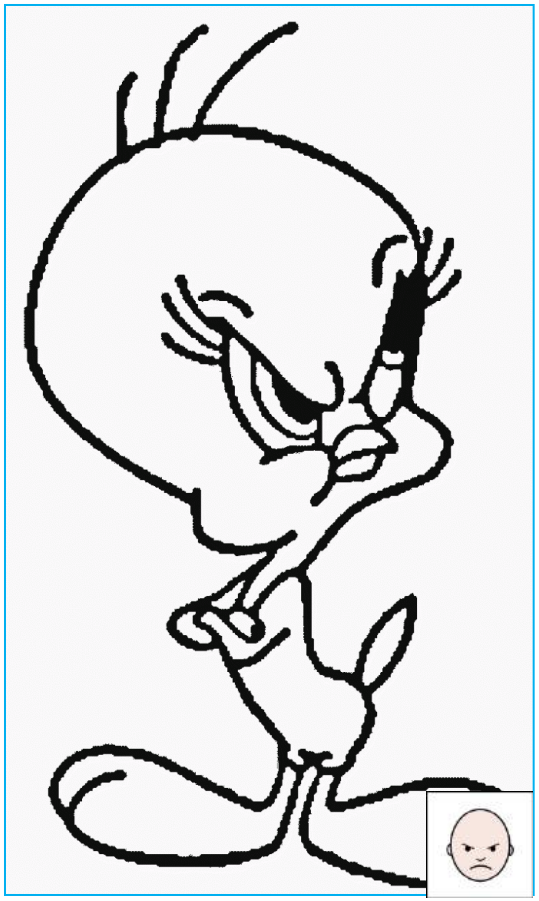

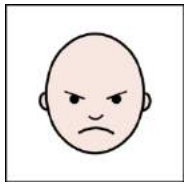

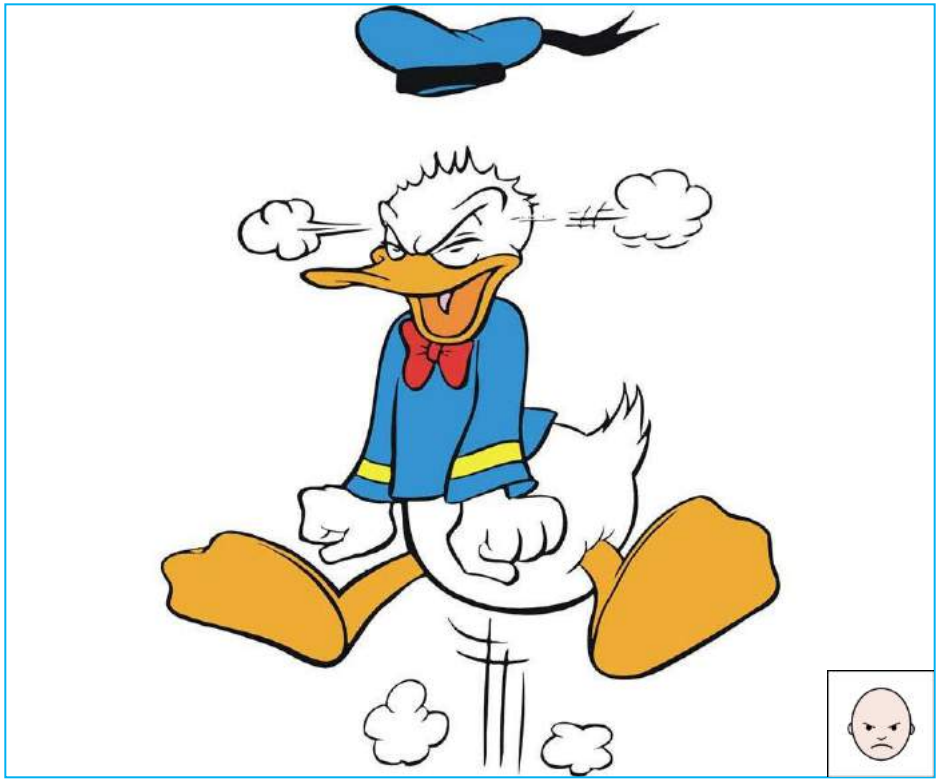

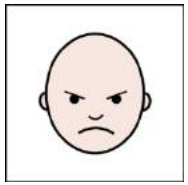

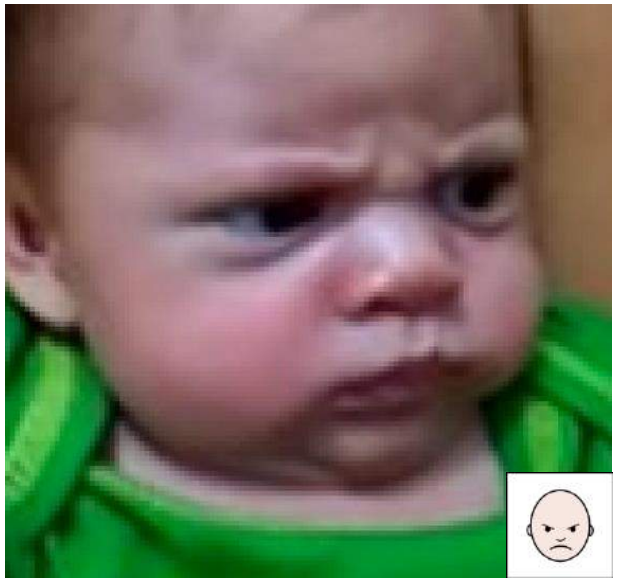

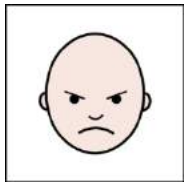

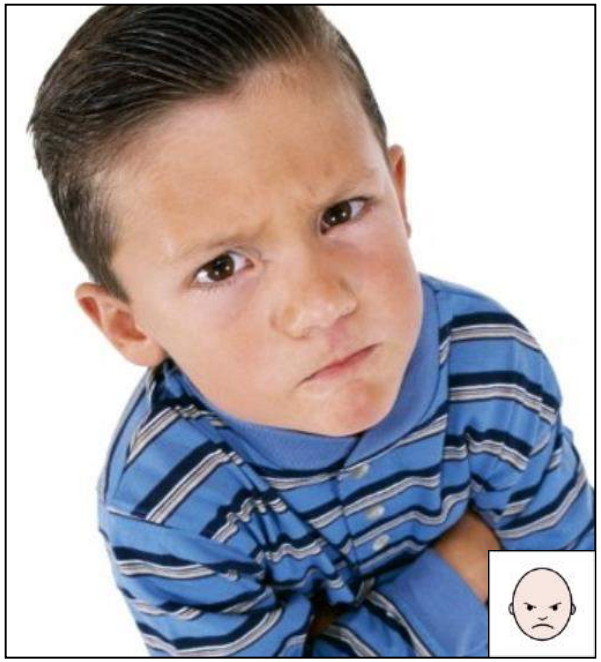

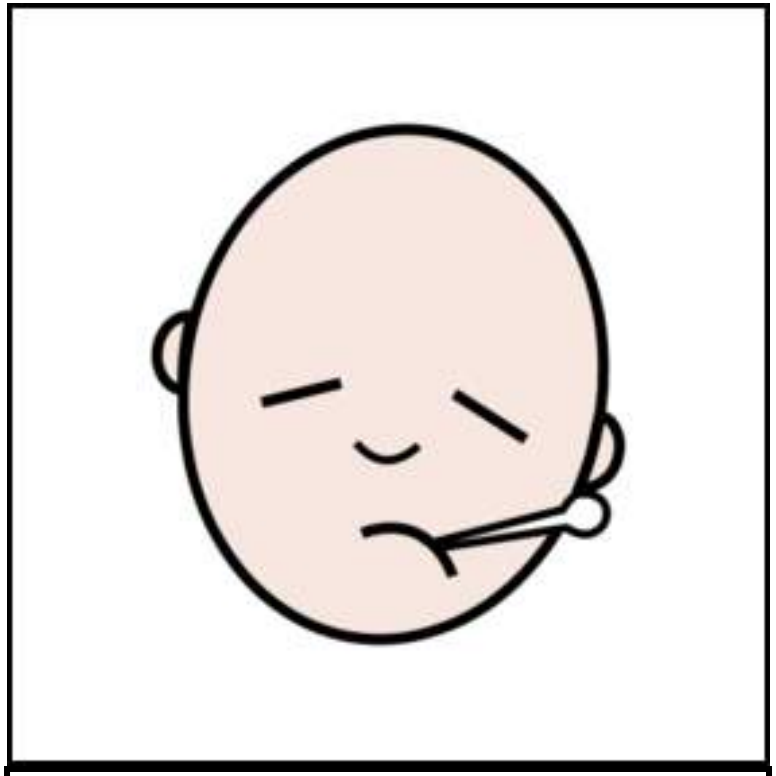

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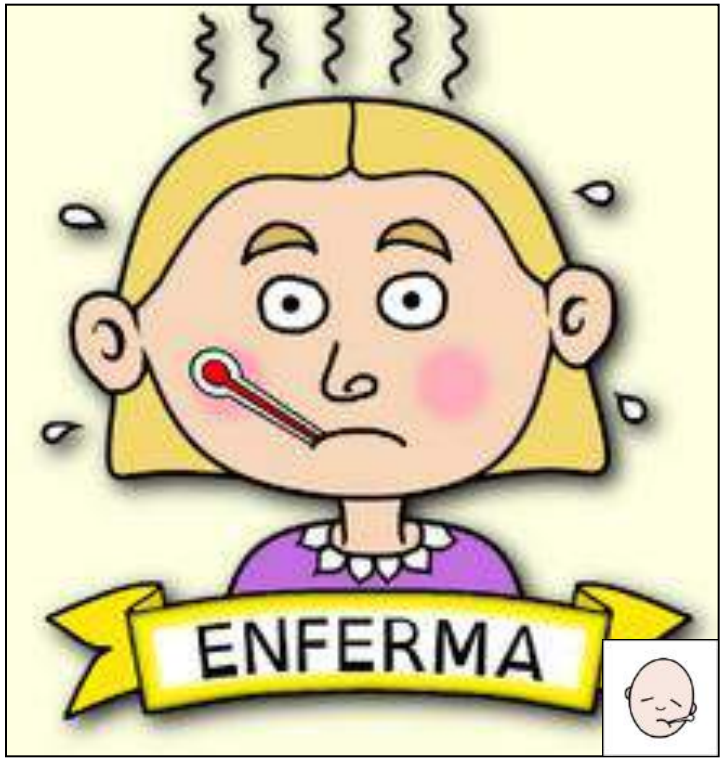
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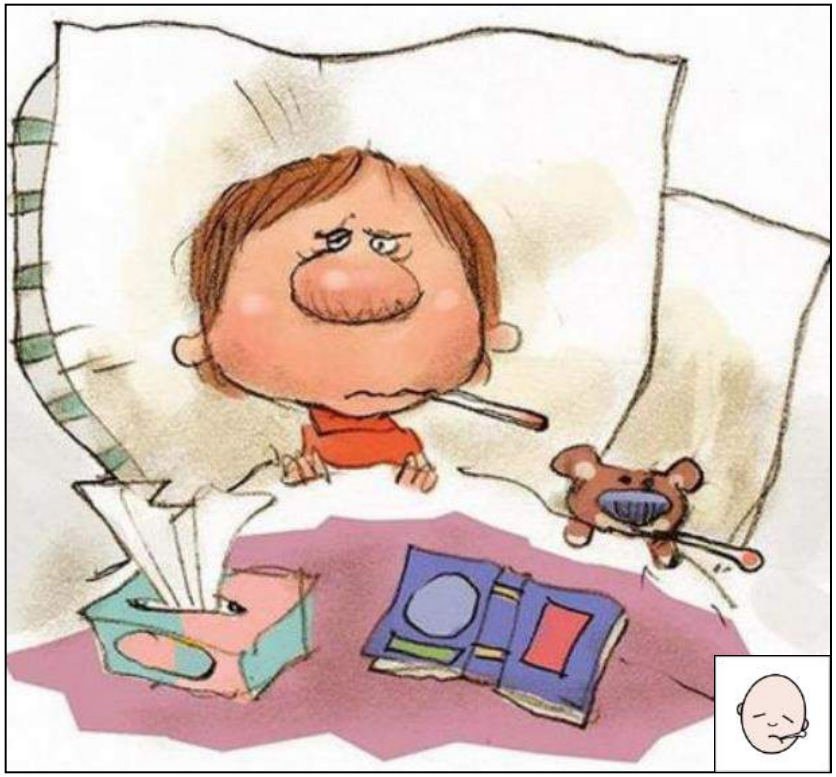

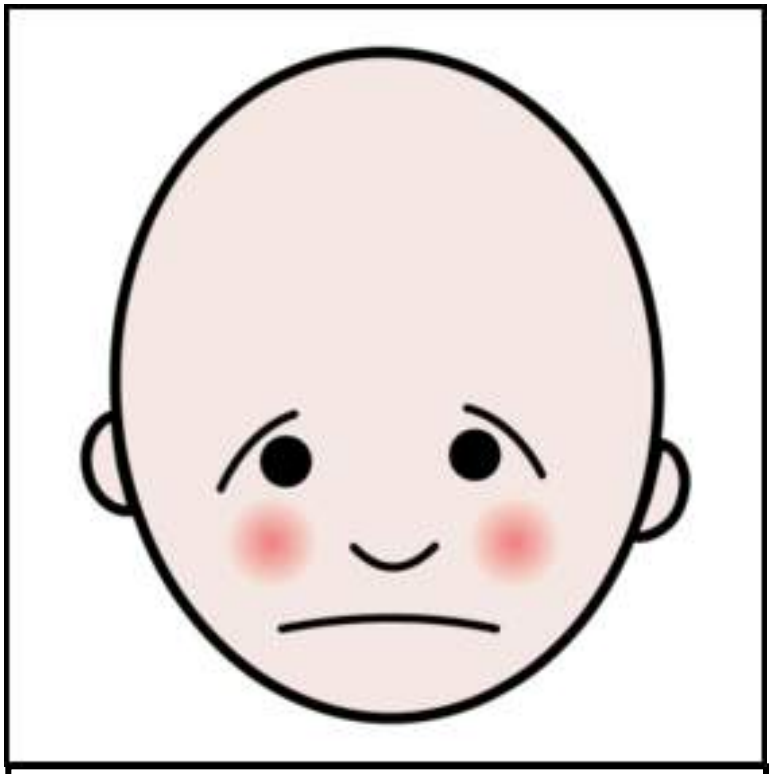

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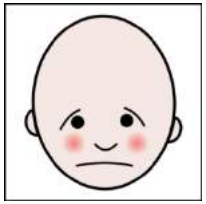

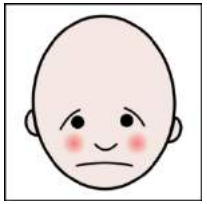

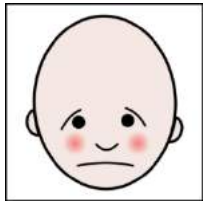

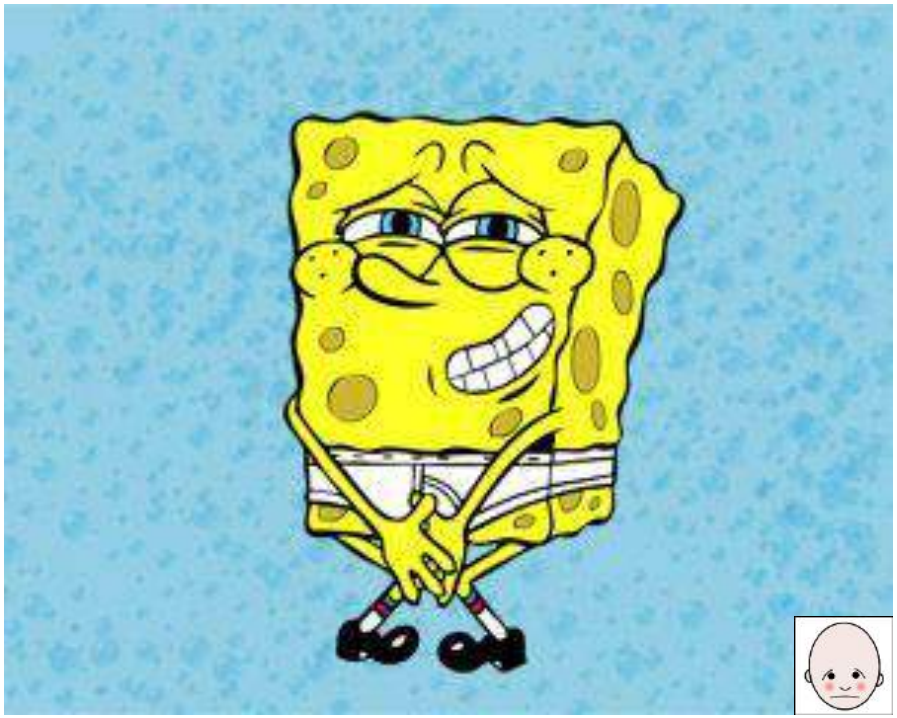

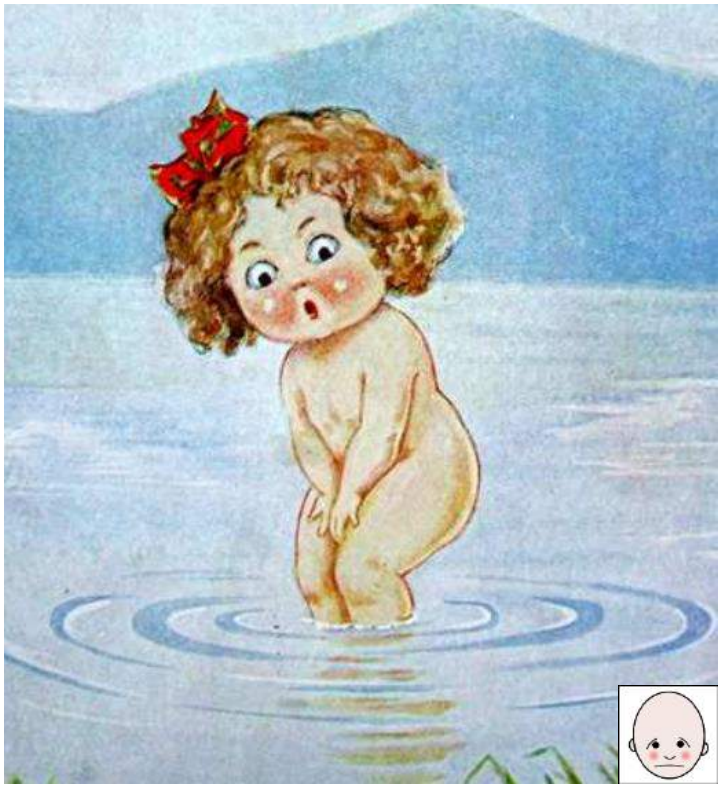

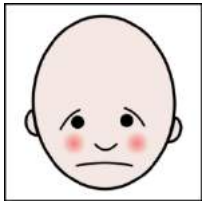

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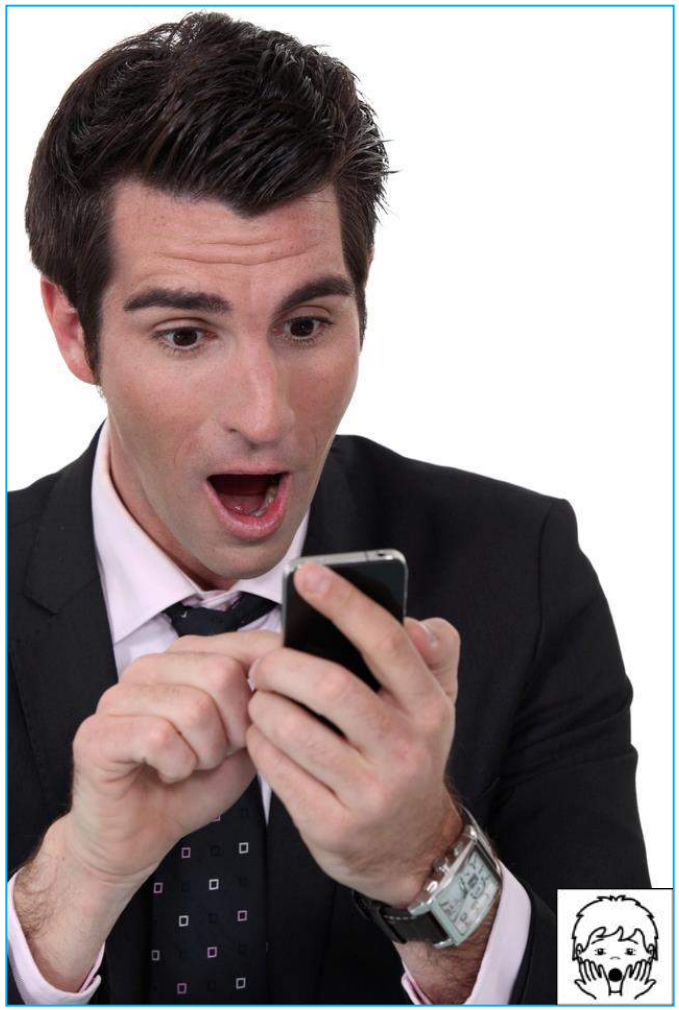

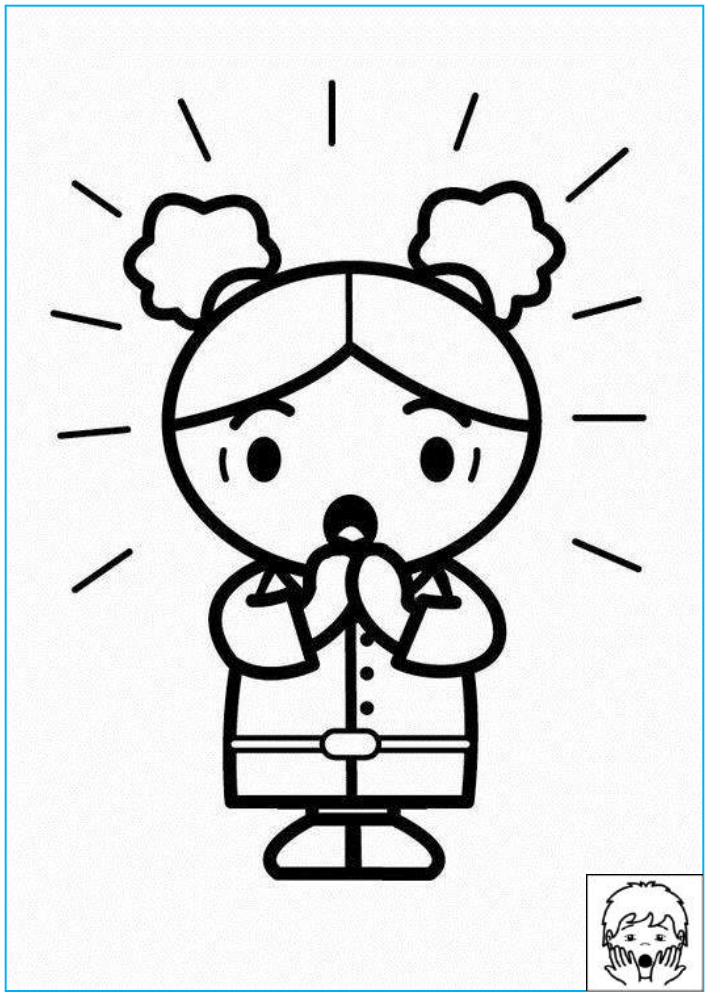

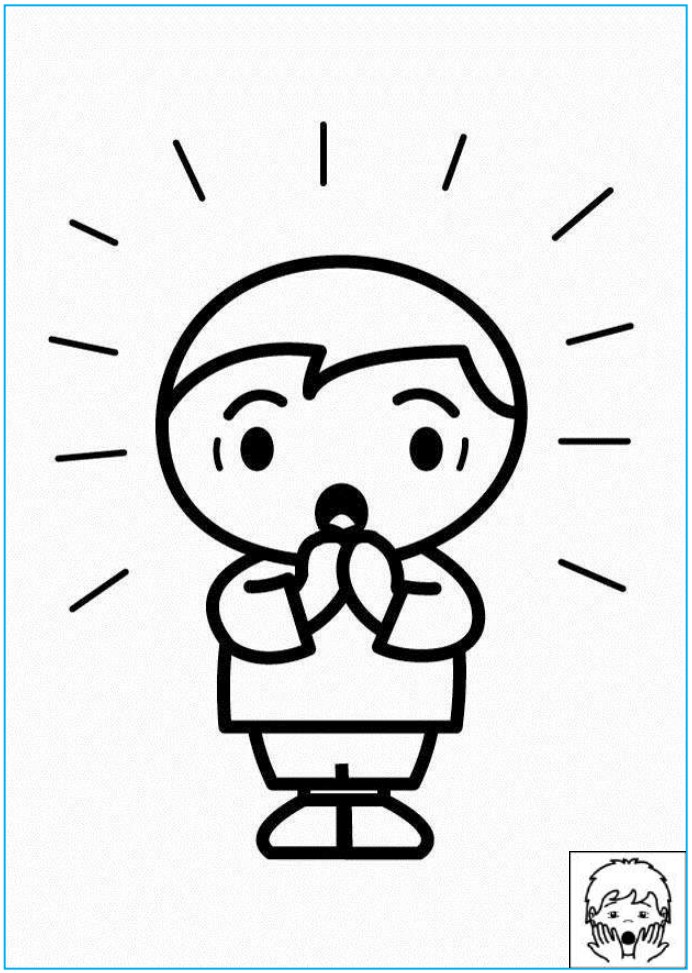

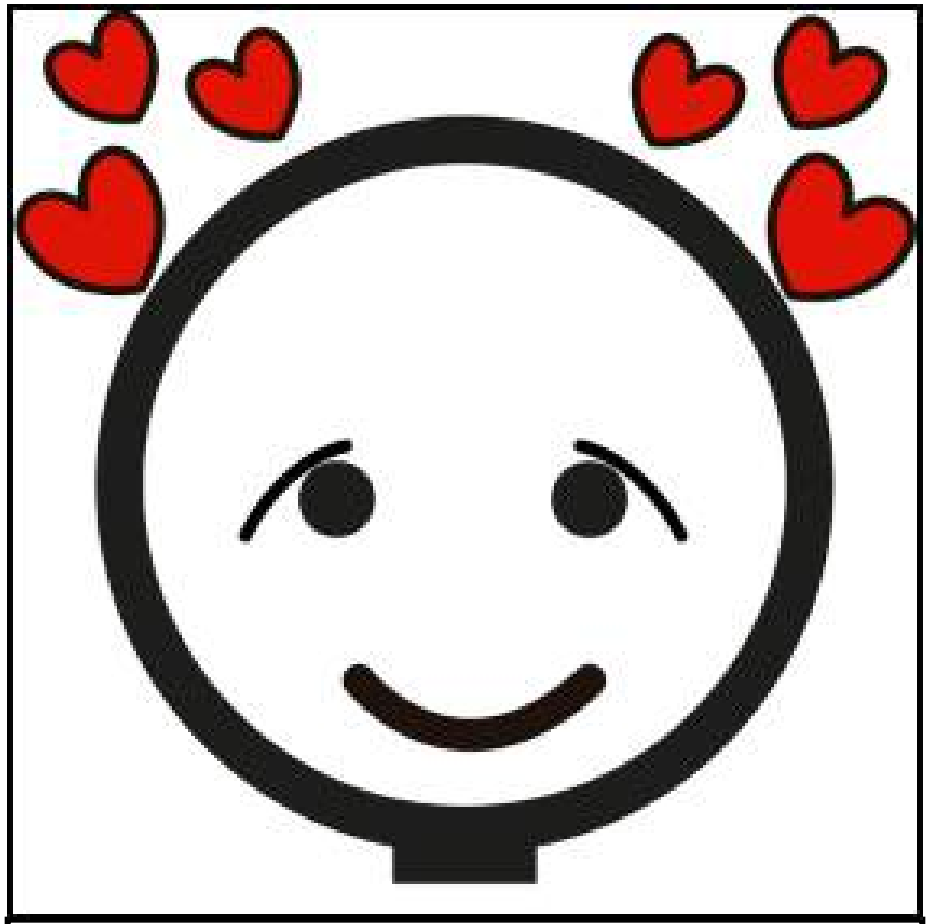

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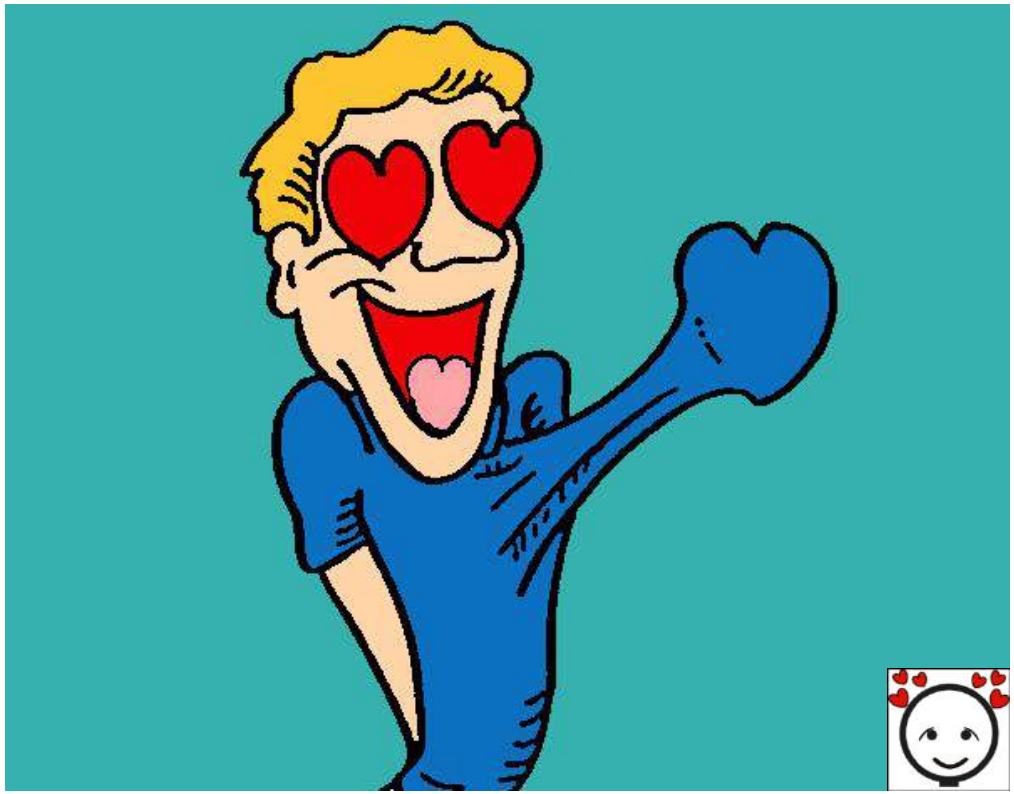

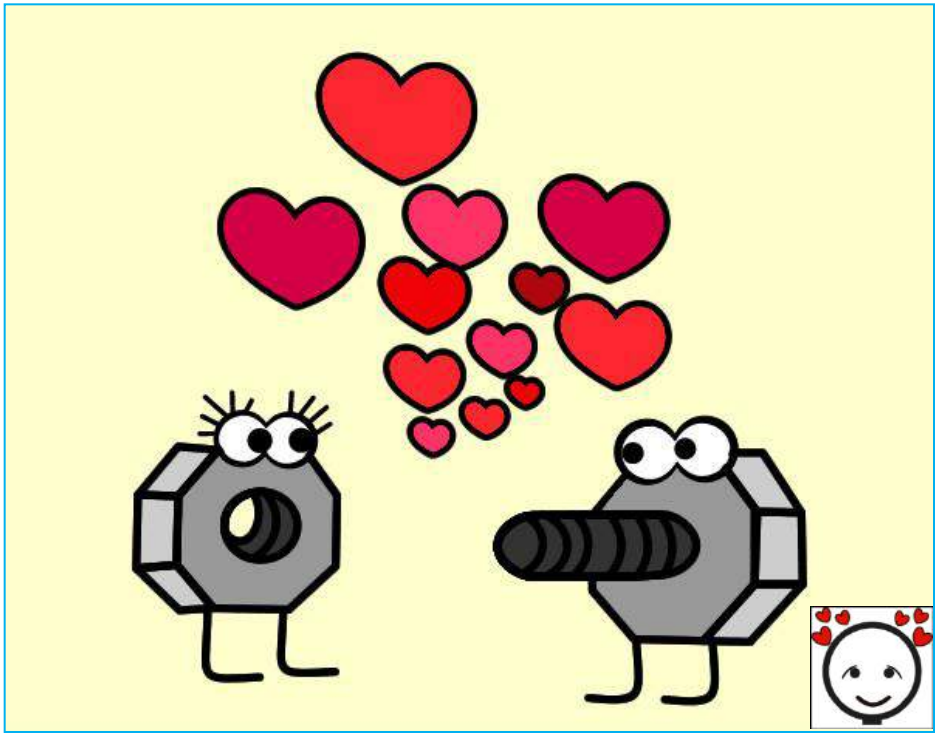

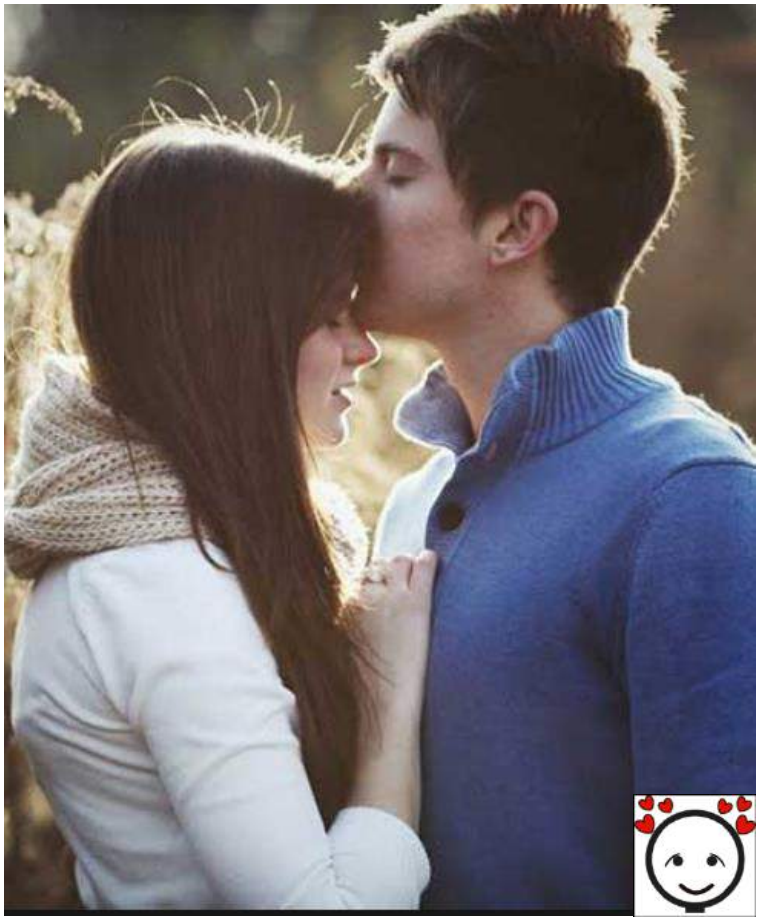

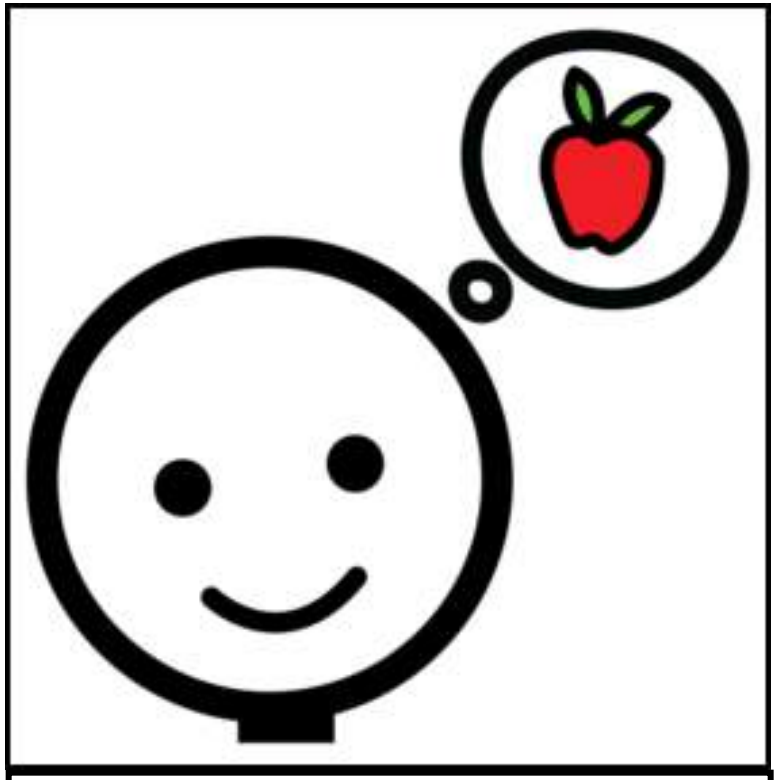

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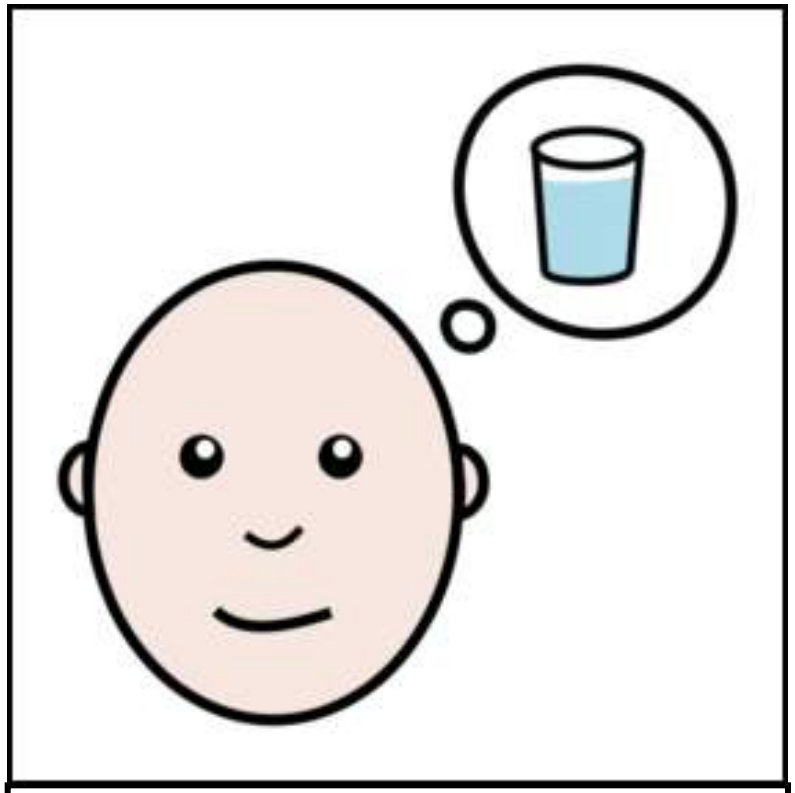
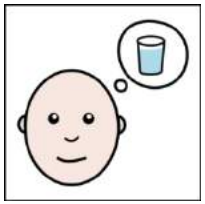
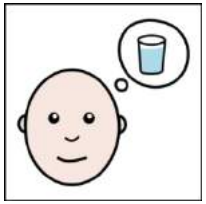
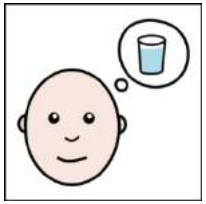


sediento

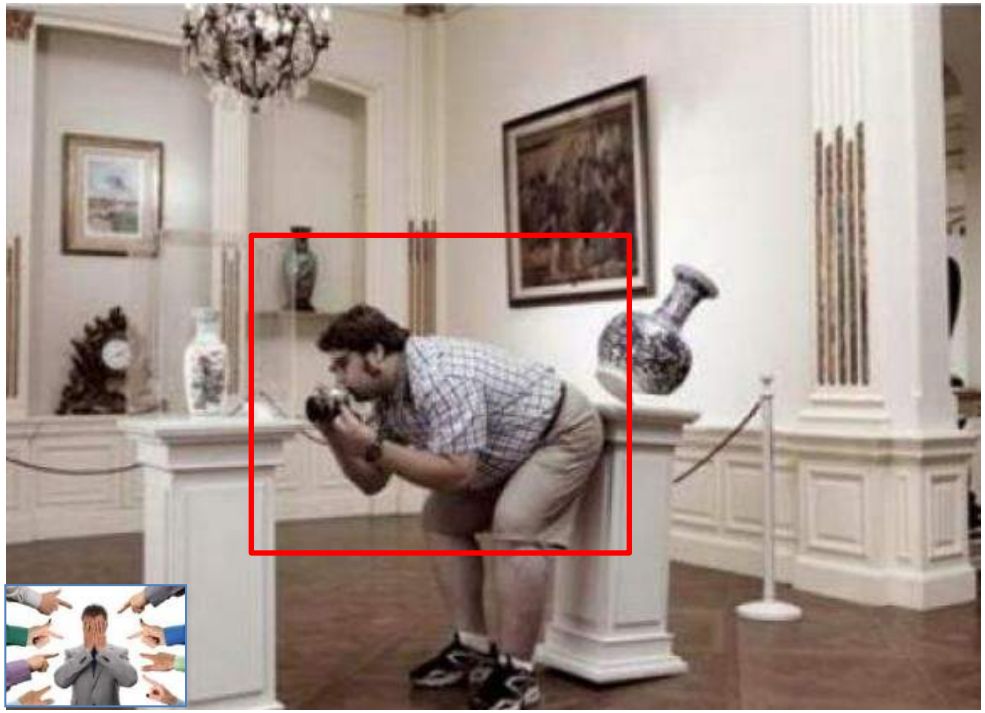


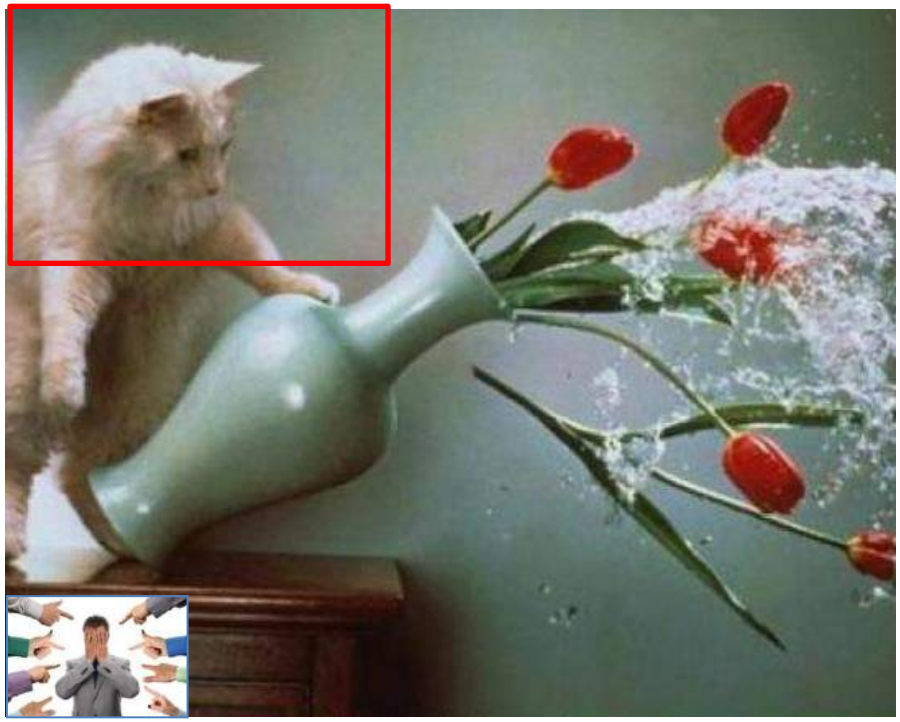


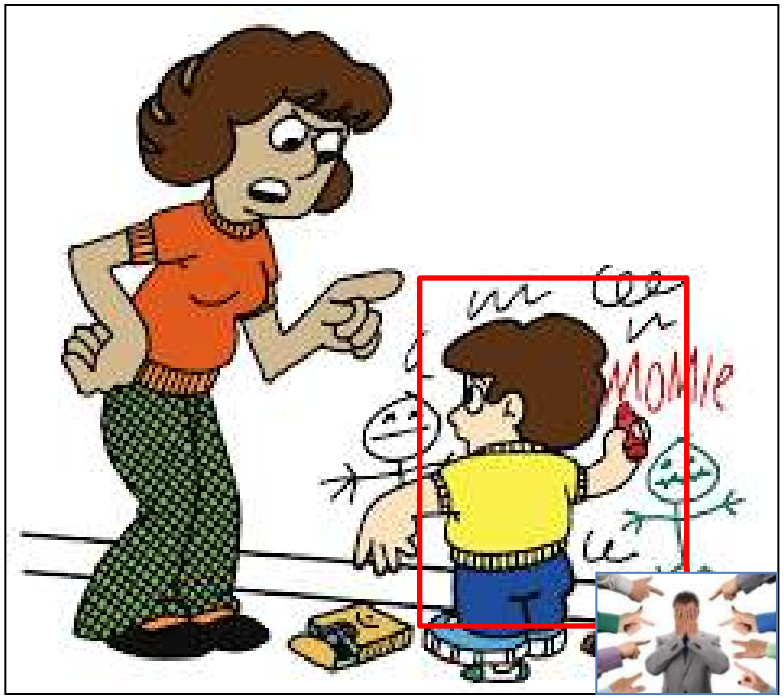


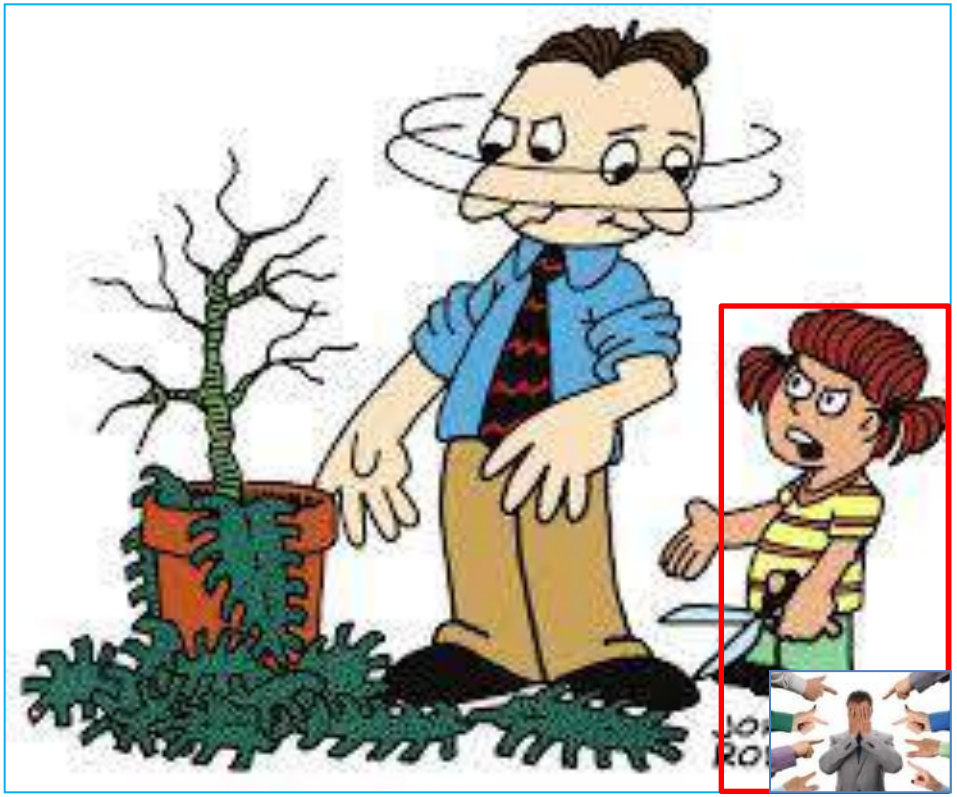
tener la culpa

ha sido por
mi culpa






Mommie



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shutterstock

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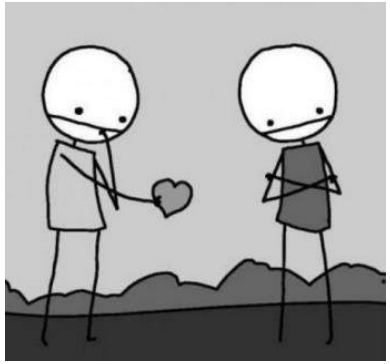
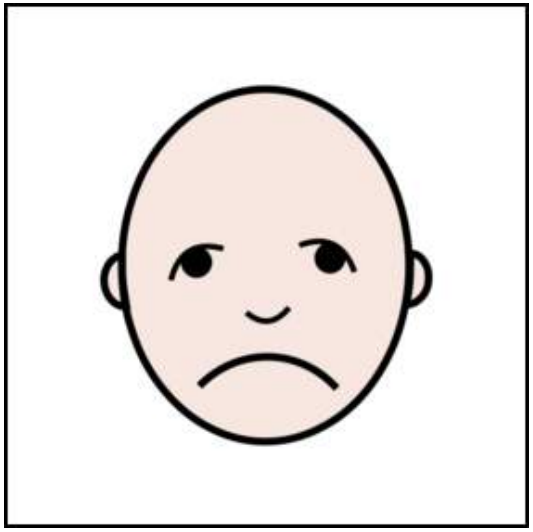
decepcionado

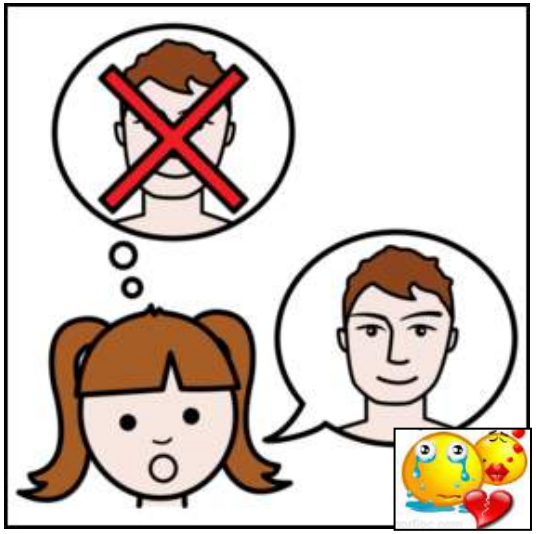
decepcionado

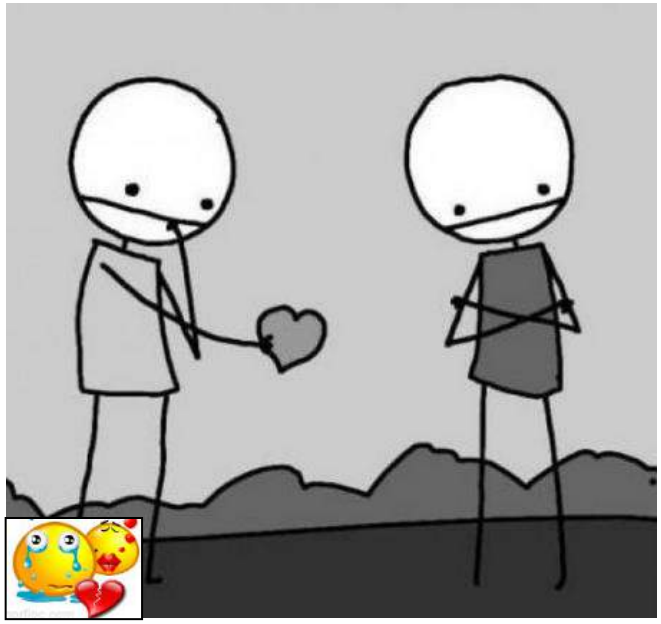


Cuando alguien me engaña, o hace trampas, o ya no me quiere, yo me siento decepcionado



En la decepción primero siento sorpresa y luego pena



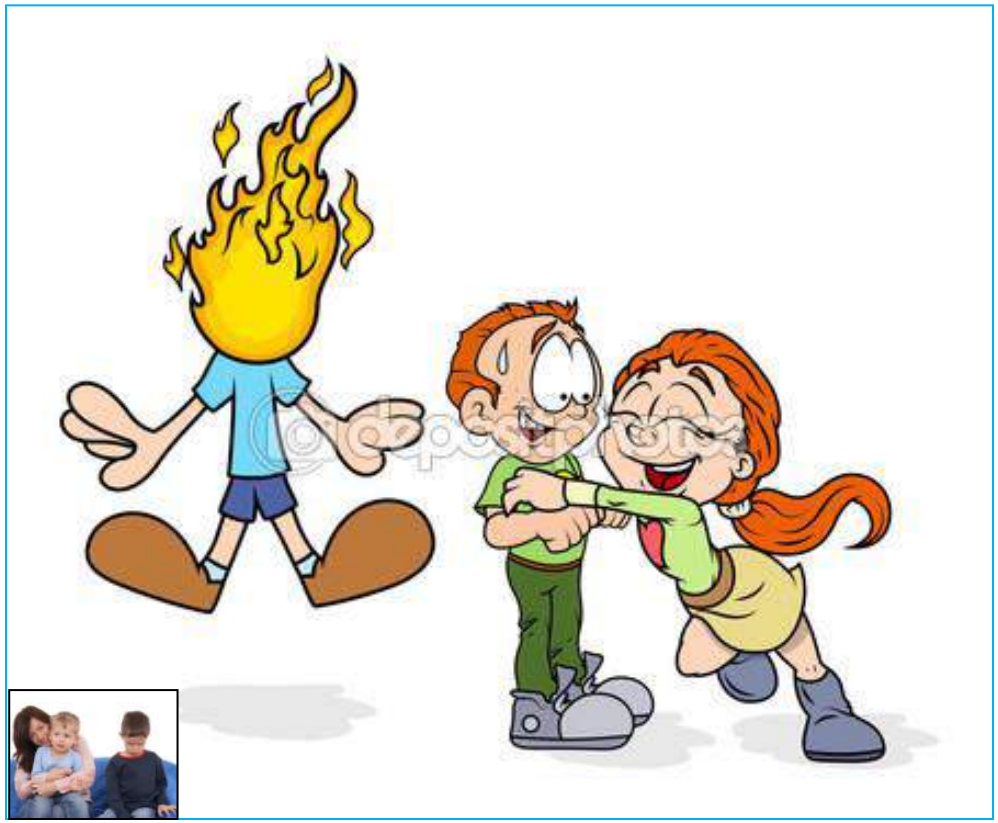


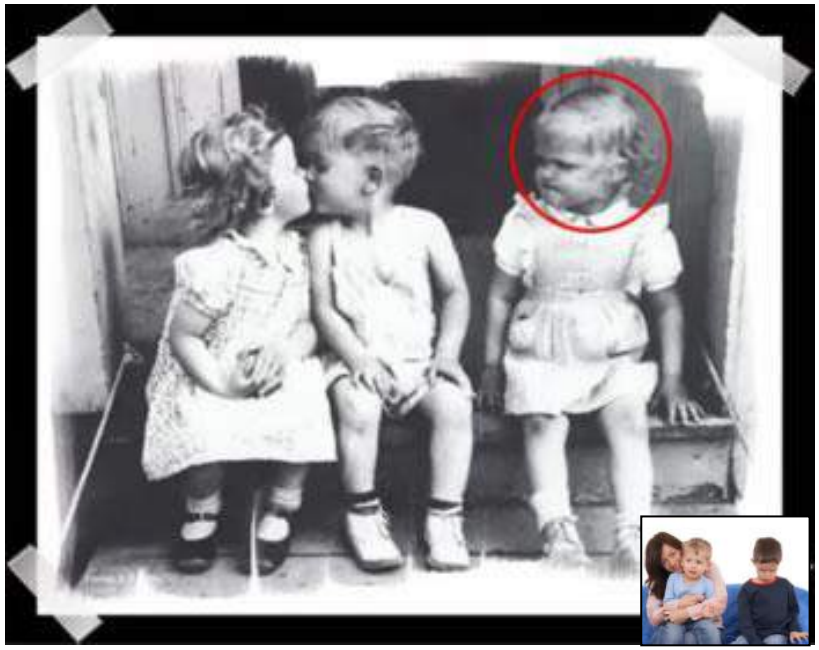
celoso

Me siento celoso cuando mi mamá abraza a mi hermano y a mí no

Me siento celoso cuando mi mamá juega con mi hermana y conmigo no

Me siento celoso cuando el chico que me gusta habla con mi amiga





Me siento celoso cuando la chica que me gusta habla con mi amigo y no habla conmigo

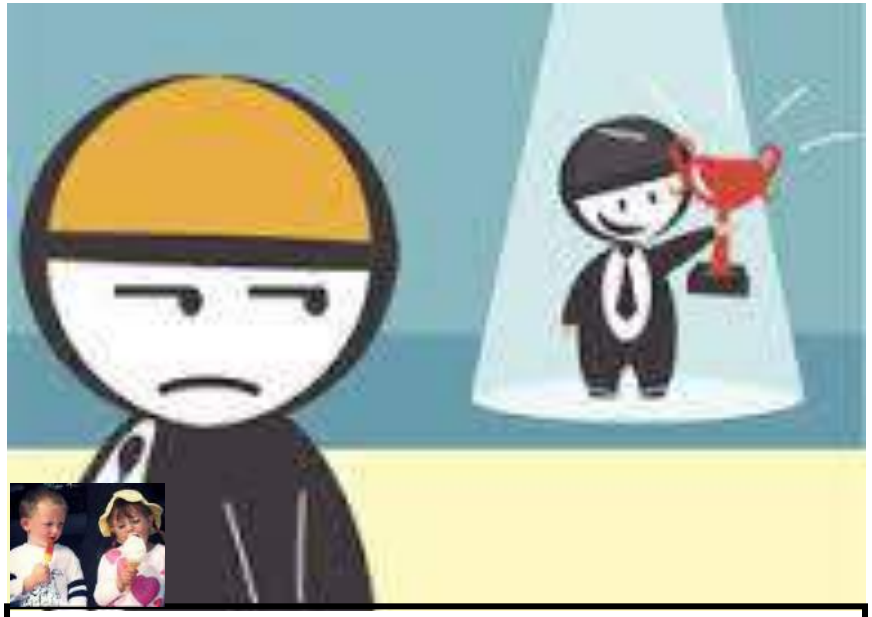
envidioso

Me siento envidioso cuando mi amiga tiene un helado más grande que el mío

Me siento envidioso cuando mi amiga compra más cosas que yo

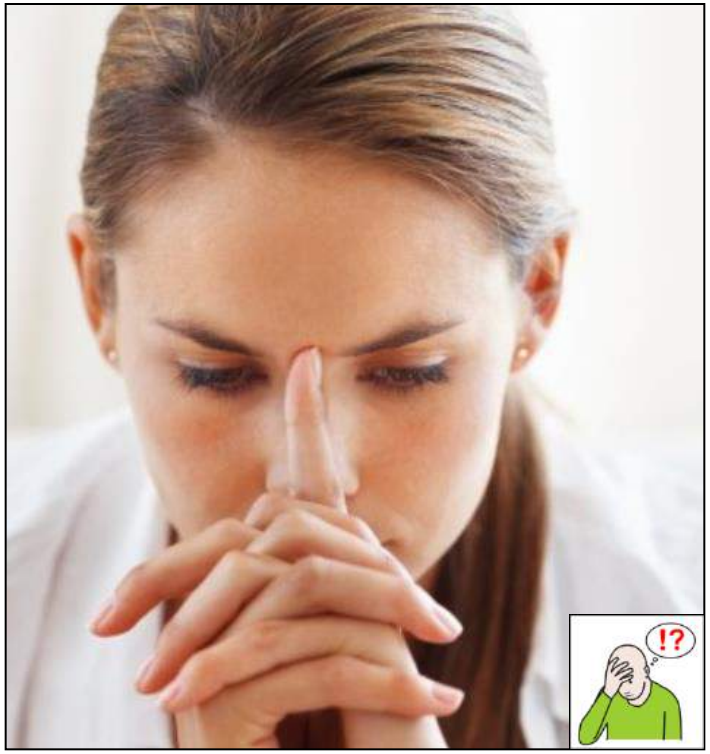
Me siento envidioso cuando mi amigo come algo rico y yo no

Me siento envidioso cuando el regalo de mi amiga es más grande que el mío



Me siento envidioso mi compañero gana un trofeo y yo no

preocupado



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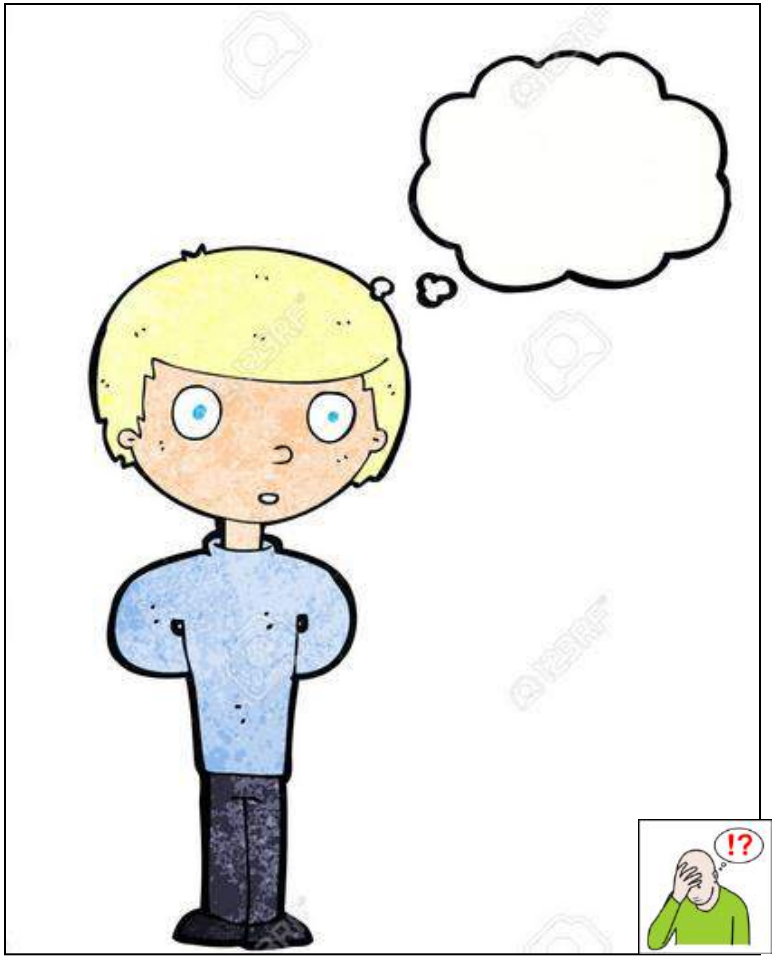
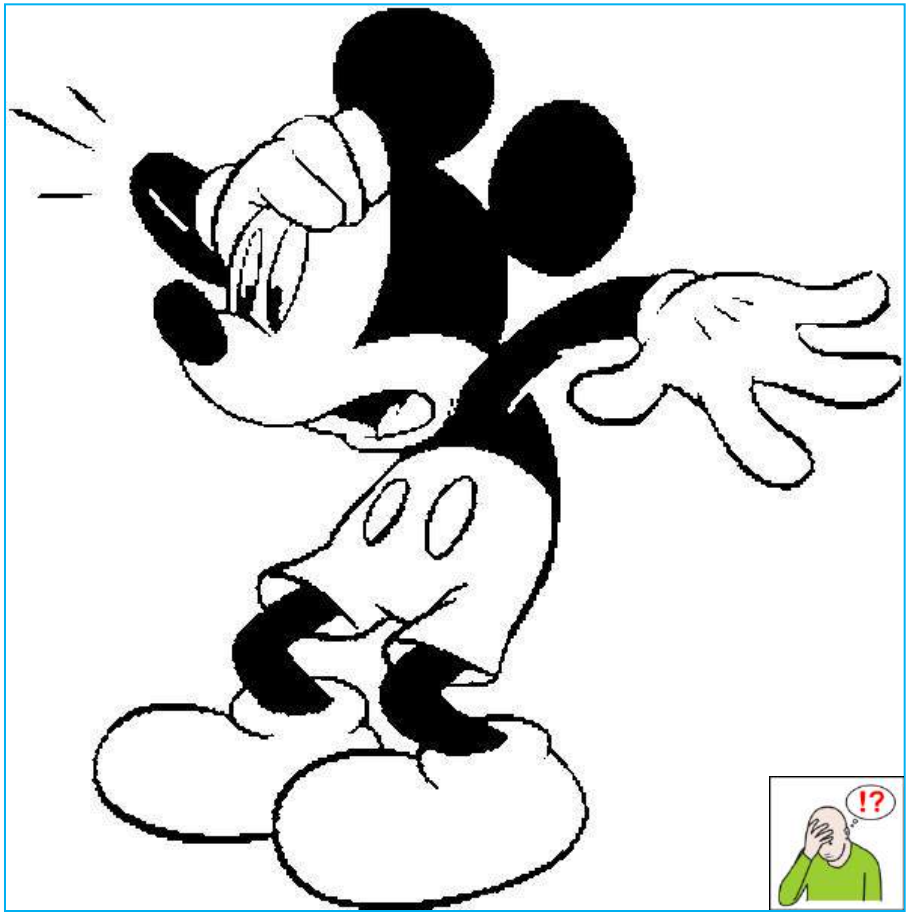
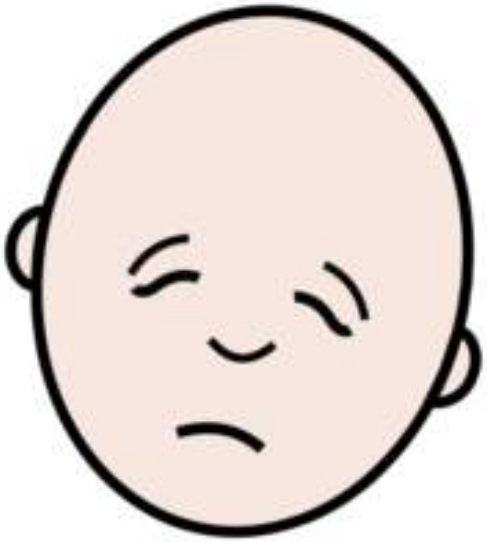
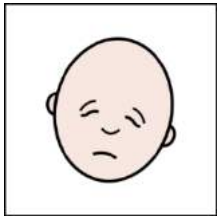
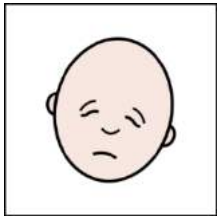






cansado





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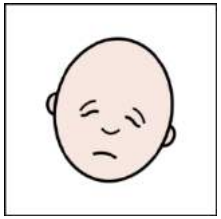

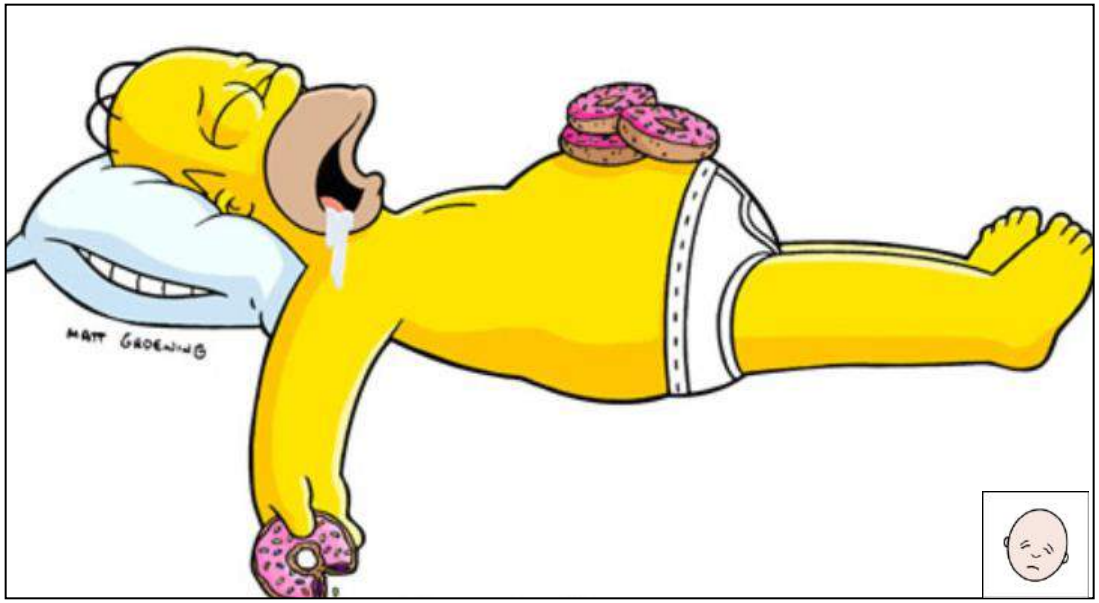
MATT GROENING